



AT THE RACES



HALF CHALLENGE FUERTEVENTURA

Henning And Lidbury Take Wire-To-Wire Wins In Fuerteventura

Denmark's Rasmus Henning retained his title at Challenge Fuerteventura with a convincing 3:57:16 win while Britain's Emma-Kate Lidbury took the women's title in 4:32:41.

In the men's race Henning was second out of the water behind fellow Dane, Rasmus Petreaus. By the 10K mark on the bike Henning had taken the lead with Britain's Daniel Halksworth also passing Petreaus to move into second. Halksworth put in a great ride and only lost 37 seconds to Henning's fastest bike

split of the day (2:19:20).

Once on the run Henning looked like he had the same magic legs that propelled him to victory at the recent Abu Dhabi International Triathlon. Henning went on to pull a 1:15:46 half marathon that gave him a comfortable win over the Brit. Halksworth crossed the line four minutes down and proved he's one to watch for the coming season. Spain's Victor Manuel del Corral Morrales rounded out the podium in third.

Henning said: "It was a great feeling to

win once again here at Fuerteventura and Playitas, which has been my home for the last two years. I eased into a solid race pace all day but didn't have to go full steam at any point, so it was nice to save my legs for my next race in Texas on May 19."

The women's race saw three-time 70.3 champion Lidbury lead the charge in the water and was first out in a time of 25:03. Second was of Daniela Sämmler a minute and a half down. Out on the bike Lidbury rode strong and held her lead and continued to open the gap over her chasers.

Lidbury was first into T2 with a lead of around four minutes. Behind fellow Brit Lucy Gossage ran herself from third into second and started to eat a little into Lidbury's lead, but it wasn't enough to steal the show. Lidbury crossed the line for her first win of the season in a time of 4:32:41. Gossage held on to second finishing nearly three minutes down, with Sweden's Eva Nystrom running herself into third just under two minutes later.

Lidbury said: "I was delighted to get my first wire-to-wire win. I felt strong and comfortable throughout the race, and enjoyed taking the win at Playitas where I had been based for my winter training." **1**

Half Challenge Fuerteventura 2012

FUERTEVENTURA, CANARY ISLANDS, APRIL 14, 2012

Distances?

Men	Swim	Bike	Run	Overall
1 Rasmus Henning (DEN)	00:22:10	02:19:20	01:15:46	03:57:16
2 Daniel Halksworth (GBR)	00:22:15	02:19:52	01:19:02	04:01:09
3 Victor Manuel Morales (ESP)	00:26:59	02:20:38	01:14:05	04:01:41
4 Per Bittner (GER)	00:23:44	02:24:47	01:15:47	4:04:18
5 Erik-Simon Strijk (NED)	00:26:41	02:21:05	01:20:27	4:04:34
Women	Swim	Bike	Run	Overall
1 Emma-Kate Lidbury (GBR)	00:25:03	02:39:56	01:27:42	04:32:41
2 Lucy Gossage (GBR)	00:28:55	02:41:08	01:25:23	04:35:25
3 Eva Nystrom (SWE)	00:29:05	02:41:45	01:26:21	04:37:11
4 Erica Csomor (HUN)	00:28:57	02:41:11	01:27:46	04:37:53
5 Daniela Sammler (GER)	00:26:42	02:42:40	01:28:48	04:38:09

